



Mammography Preparation Instructions

On the day of your exam, do not use creams, powders, perfumes or deodorant in breast area or underarms.

Wear a two-piece outfit.

If you have had previous mammograms at another facility, it is imperative that you bring those films with you, or arrange to have them sent to our office prior to your appointment.

On the day of your appointment, be sure to bring:

- Your doctor's order, prescription or referral form
- Your insurance card
- Your co-pay
- All pertinent previous films and reports
- Completed mammography appointment forms

For the safety of our patients and our staff, children are not permitted to accompany a patient into the examination room and may not be left unattended in the waiting room. Please plan accordingly.

Visit www.alexandriaradiology.com for office directions and appointment forms.

Appointment Scheduling (703) 824-3260

